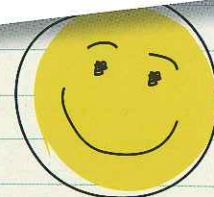


WHAT'S FOR LUNCH THIS SUMMER...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

In Partnership with:



If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.caterlinkltd.co.uk
email: info@caterlinkltd.co.uk
or call 01983 550500

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.
We hope your child enjoys our new menus.

www.caterlinkltd.co.uk

Please visit the website for current updates



FRESH
+
HEALTHY
=
TASTY

DISCOVERY DAYS AVAILABLE THIS TERM



WE'RE GOING ON A BEAR HUNT



Available at participating schools only.

Is your child entitled to a free school meal?

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

ONE

TWO

THREE

AVAILABLE EVERY DAY...

16 Apr, 7 May, 4 Jun,
25 Jun, 16 Jul

23 Apr, 14 May,
11 Jun, 2 Jul, 23 Jul

30 Apr, 21 May,
18 Jun, 9 Jul

MONDAY

Sausages with Mashed Potatoes & Gravy
Vegetarian Sausages
Carrots & Garden Peas
Wholemeal Peach Crumble
with Custard
Yoghurt / Fresh Fruit Platter

Chicken Arrabiata Pasta
Jollof Rice with
Quorn & Mixed Beans
Roasted Peppers & Sweetcorn Mix
Berry & Apple Cobbler & Cream
Yoghurt / Fresh Fruit Salad

Chicken Curry with Rice
Lentil & Sweet Potato Curry
with Rice
Mixed Peppers & Green Beans
Apple Crumble with Custard
Yoghurt / Fresh Fruit Salad

Jacket Potatoes
freshly cooked daily, with a choice of fillings where advertised.

Bread
freshly baked on site daily

Daily salad selection
there will be a selection of salad items available daily

Fresh Fruit & Yoghurt
available daily

TUESDAY

Spaghetti Bolognaise
Quorn & Veg Stir Fry with Noodles
Sweetcorn & Broccoli
Chocolate & Beetroot Brownie
Yoghurt / Fresh Fruit Salad

Beef Fajitas with
Baked Jacket Wedges
Vegetable Chilli, Rice &
Wholemeal Flatbread
Mixed Green Salad & Coleslaw
Lemon Drizzle Cake
Yoghurt / Fresh Fruit Platter

Beef & Pepper Wholemeal Pizza with
New Potatoes
Spanish Omelette with
New Potatoes
Sweetcorn & Roasted Tomatoes
Tutti Fruity / Yoghurt

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

WEDNESDAY

Roast Turkey with
Roast New Potatoes & Gravy
Quorn Roast with
Roast New Potatoes & Gravy
Fresh Seasonal Vegetables
Sliced Cheese, Apple & Crackers
Yoghurt / Fresh Fruit Platter

Roast Pork with
Roast Potatoes & Gravy
Lentil & Basil Puff Pastry Turnover
with Roast Potatoes
Fresh Mixed Seasonal Vegetables
Oaty Cookie with Fruit Yoghurt
Yoghurt / Fresh Fruit Salad

Roast Chicken & Stuffing with
Roast Potatoes & Gravy
Creamy Vegetable Wholemeal Pie with
Roast Potatoes & Gravy
Fresh Mixed Seasonal Vegetables
Apple Flapjack
Yoghurt / Fresh Fruit Salad

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THURSDAY

Mediterranean Chicken with Rice
Vegetable Tagine with Lemon & Mint
Couscous & Wholemeal Flatbread
Mixed Peppers & Green Beans
Apple Pie with Custard
Yoghurt / Fresh Fruit Salad

Savoury Rice with Chicken
Macaroni Cheese with
Tomato Topping
Broccoli & Sweetcorn
Chocolate Mandarin Sponge
with Chocolate Sauce
Yoghurt / Fresh Fruit Platter

Beef Stir Fry with Noodles
Wholemeal Vegetable Pasta Bake
Broccoli & Cauliflower
Peach Upside Down Cake & Custard
Yoghurt / Fresh Fruit Platter

Menus could be subject to local change, please check your child's school for any bespoke changes.

FRIDAY

Salmon Fish Finger / Fish Fingers,
Chips & Tomato Sauce
Cheese, Onion & Spinach Quiche
with Chips
Baked Beans & Garden Peas
Iced Sponge
Yoghurt / Fresh Fruit Salad

Breaded Fish, Chips & Tomato Sauce
Spicy Bean Burger
with Chips
Baked Beans & Garden Peas
Fresh Fruit Salad / Fruit Yoghurt

Fish in Batter, Chips & Tomato Sauce
Cheese & Tomato French Bread Pizza
with Chips
Garden Peas & Baked Beans
Vanilla Shortbread
Yoghurt / Fresh Fruit Salad

V Vegetarian option

 Oily fish

 Marine Stewardship Council details
Web: www.msc.org
Chain of Custody
Registration Code
MIML - C 1009