



QuadKids

Sprint, run, throw and jump into athletics!

Saturday 15th July 2017 at the
Fairway Athletic Centre Sandown
Behind the Bay Academy

Entry Fee £3 per athlete
12 noon until 4.00 pm.

Entry Forms from iowac.athletics@gmail.com

Closing Date Saturday 8th July 2017

Pay on the day. No Entries on the day.

QuadKids is the new governing body endorsed athletics format for children, it is quick, fun and a great way to measure progress over time, as the focus is towards who can improve the most!

How fast can you sprint?

How far can you throw?

What's your longest long jump?

Got the stamina to race for two minutes?

For more information contact

Ray Scovell at iowac.athletics@gmail.com

The event is for Girls and Boys in Year 3/4/5

There will be trophies for the first three in each Year group, both boys and girls.

Also certificates for all competitors

www.quadkids.org

